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# *Alabama College*

*The State College for Women*

BULLETIN

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EXTENSION DIVISION  
ANNOUNCEMENTS FOR 1923-24

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## FOREWORD

**T**HE first extension service was begun in the session 1922-23 when five groups of teachers were given instruction by the college faculty in Shelby County. Since that time the program has expanded and is serving this year eleven groups of teachers in six counties.

In addition to this, the college is announcing now for the first time its correspondence study courses, its lecture, entertainment, and general information service to the people of the State. It is hoped that by these means all the people may be helped either directly or indirectly by Alabama College—the only state college for women in Alabama.

T. W. PALMER,  
President.

## GENERAL INFORMATION

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A new spirit pervades the American College of today. It recognizes it a duty as well as a privilege, not alone to instruct the students within its walls, but to serve in one way or another the entire state. This new field of endeavor is broadly termed *Extension Service*.

Alabama College—as the only state college for women—feels that it has a unique function in the educational program of Alabama and it wishes to project its influence and service into the communities and homes of Alabama as well as to train those who live on the campus. It has the following program to offer for the year 1923-24:

### I. CORRESPONDENCE COURSES

As the title indicates, many of the courses given at the college may be taken through correspondence by any one in the state who is qualified for the work.

### II. STUDY CENTER COURSES

Several groups of teachers, and others, of the state are organized and are receiving instruction from members of the college faculty. These courses are organized where twenty may be found who desire the same course. Eleven centers are being conducted this year.

### III. LECTURES AND ENTERTAINMENT

Many members of the college faculty are experts along their lines and have messages of real interest and value to people of Alabama. In the Music Department there are several faculty members who are real artists and who would be glad to render a fuller service to the people of Alabama by giving recitals or appearing on programs at the request of various organizations who might desire their services.

### IV. BUREAU OF EDUCATIONAL INFORMATION

From time to time it is hoped that Alabama College may issue bulletins of general information regarding educational conditions here and elsewhere for the benefit of the people of the state. In addition to this service it is hoped that we may be able to serve by responding to inquiries for general information on educational matters.

In offering the above type of service, it is our sincere desire to be of help in the fullest possible manner to the citizens of Alabama.

Cordially,

H. W. JAMES, PH.D.,

Director of Extension.

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(Address all communications to the Extension Division, Alabama College)

## CORRESPONDENCE COURSES

**ADVANTAGES OF CORRESPONDENCE STUDY.** The college of twenty-five years ago was considered the training ground for the few; for those who wished to become professional men and women. Its courses of study were designed for that small group or class of people. It did not seek to extend its services beyond the college walls, since it believed that its purpose was, primarily, to serve the few. A very different aim controls the present day college. Since not all can attend, it is seeking to go out to all, that they may enjoy its benefits as well as those who can attend.

*Correspondence study is one of the important means of giving all the citizens of the state the advantage of college instruction.* It not only makes it possible for many who could not otherwise do so to receive the benefit of college training, but it is far more economical for those who might even be able to attend an institution of higher learning.

Not only is it economical but as one pursues a particular vocation, one may obtain instruction that will help in solving the problems as they arise in that vocation. Such a course, therefore, becomes not only a thing of cultural value but of practical aid as well.

This magnificent opportunity is now open to all those who desire to take advantage of it. The courses outlined on subsequent pages will indicate the scope of endeavor attempted by Alabama College. We commend these courses to any serious student who desires to advance and to train most adequately for service.

## REGULATIONS

**ADMISSION.** Any mature person may be admitted as a student. However, in order to receive *college credit* for courses, the student must be able to show 15 units of high school work. For certain courses high school credit may be obtained.

**CREDIT.** The correspondence courses parallel the courses given at Montevallo and are of equivalent value. Not more than fifty per cent of credit towards graduation can be done by correspondence.

**REGISTRATION.** In order to register, one should write to the Extension Division, Alabama College, stating the type of course desired. The fee for all courses is the same: \$2.00 per quarter hour in units of three hours each. In no case may one register or receive credit for less than three quarter hours.

A course may begin at any time but must be completed within six months after date of receiving first lesson unless an extension of time is granted by the instructor. There will be six written lessons for each quarter hour of credit and an examination at the end of the course. Arrangements may be made to take the examination in your home town.

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(Address all communications to the Extension Division, Alabama College)

# CORRESPONDENCE COURSES

## ART

Art E 14a. A course of practical work in which numerous projects are made. Includes projects in lettering, bookbinding, batik, basketry, stenciling, etc. Credit 3 hours. Fee \$6.00.

Art E 14b. A continuation of course Art E 14a. The completion of this course entitles student to entire first year college credit in this subject. Credit 3 hours. Fee \$6.00.

## DRAMATICS AND EXPRESSION

Expression E 12. Play production. A brief course introducing the study of the rules of stage action; then practical application through performance of one-act plays, the writing of a play, or some form of dramatic production. Credit 3 hours. Fee \$6.00.

## HOME ECONOMICS

Home Economics E 12a. Introductory course in clothing includes study of cotton and linen; the economical and appropriate selection and use of materials for garments. Use of commercial patterns, etc. Credit 3 hours. Fee \$6.00.

Home Economics E 12b. A continuation of course Home Economics E 12a, finishing up year of freshman class. Credit 3 hours. Fee \$6.00.

Home Economics E 32. House Planning and Furnishing. This is third year college work. Deals with principles of house construction and the selection of materials and furnishings for each room in the house. Elective to all. Credit 3 hours. Fee \$6.00.

## MUSIC

Music E 16. Public School Music. This course is required of all first year teacher training students and is a very valuable course for all public school teachers. Credit 2 hours. Fee \$4.00.

Music E 12. Elementary Harmony. Credit 2 hours. Fee \$4.00.

## PHYSICAL EDUCATION

Physical Education 1. A condensed course for teachers covering the program of physical education which is presented in the state course of study. Methods of presenting calisthenics, play and games, folk dancing, hygiene, and physical examinations. Credit 3 hours. Fee \$6.00.

## ACADEMIC COURSES

History E 34. Three hour course in English history. Credit 3 hours. Fee \$6.00.

History E 21. Three hour course in American government. From Colonial foundations up to present time. Credit 3 hours. Fee \$6.00.

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(Address all communications to the Extension Division, Alabama College)

Sociology E 45. The family as a social institution. This is a senior college course open only to those with prerequisites. Credit 3 hours. Fee \$6.00.

Education E 31. High School Methods. Takes up general high school problems and methods in teaching certain content subjects. Will be of help for both junior and senior high school teachers. Credit 3 hours. Fee \$6.00.

Education E 27. Tests and measurements. Credit 3 hours. Fee \$6.00.

Education E 22. Elementary Supervision. This course is intended for those having graduated from the regular normal school course. Students may be admitted who have concluded the junior work in one of the normal schools.

Mathematics E 11. Plane Trigonometry. An introductory account of the theory of trigonometric functions, together with their application to the solution of plane triangles and trigonometric equations. This course includes the study of logarithms and much practice in their use as a labor-saving device. Exponential equations solved by the use of logarithms receive some attention. Plane sailing, as an interesting application of trigonometry, is considered briefly. Fifty-four assignments in eighteen installments of three lessons each cover the course. Credit 4½ hours. Fee \$9.00.

English E 33. Survey course in American Literature. Credit 3 hours. Fee \$6.00.

## STUDY CENTERS

As stated previously in this bulletin, a study center may be formed where as many as twenty desire the same course. The courses outlined under "Correspondence Study" are available for study center work. A description of the courses outlined below may be found under the section on "Correspondence Courses."

The general plan for study centers is as follows: A member of the college faculty meets with the study center group from time to time at a place and time that is suitable to the group. A minimum of eight meetings, three hours each, is required for three quarter hours of college credit. This work is accepted by the State Department in lieu of reading circle work, for the extension of certificate, and it has the added advantage of giving one credit towards a degree at a standard college.

All who are interested in the courses outlined may profit by them. It is hoped that community groups as well as teachers may take advantage of the courses offered. It gives one a splendid opportunity to receive instruction from college professors without having to attend an institution. It is hoped that women's clubs may find in the outline below such courses of study as would interest them. Should any club, school, or com-

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(Address all communications to the Extension Division, Alabama College)

munity group desire to take advantage of the opportunity, write to Dr. H. W. James, Director of Extension, Alabama College, Montevallo, Alabama, for further information.

The following is an outline of the courses available.

#### ART

Art E. C. 14a. Basketry, stenciling, etc.

Art E. C. 14b. A continuation of course 14a.

#### DRAMATICS AND EXPRESSION

Dramatics and Expression E. C. 12. Play production.

#### HOME ECONOMICS

Home Economics E. C. 12a. Introductory course in clothing.

Home Economics E. C. 12b. Continuation of course E. C. 21a.

Home Economics E. C. 32. House planning and furnishing.

Home Economics E. C. Sp. Food preparation and meal planning.

#### MUSIC

Music E. C. 16. Public School Music.

Music E. C. 12. Elementary Harmony.

#### PHYSICAL EDUCATION

Physical Education I. Methods of presenting calisthenics.

#### HISTORY

History E. C. 34. English History.

History E. C. 21. American Government.

#### SOCIOLOGY

Sociology E. C. 45. The family as a social institution.

#### EDUCATION

Education E. C. 31. High School Methods.

Education E. C. 27. Tests and Measurements.

Education E. C. 22. Elementary Supervision.

#### MATHEMATICS

Mathematics E. C. 11. Plane Trigonometry.

#### ENGLISH

English E. C. 33. Survey course in American Literature.

(For description of courses, see outline for correspondence study.)

#### SHORT COURSES FOR CLUBS

Various short courses from six to twelve lectures in length on Literature, History, Home Economics, World Problems, etc., will be available upon request of clubs. Such courses will not be designed for college credit but for general cultural development of the organization that desires them.

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The special fields which Alabama College fosters are: Home Economics, Art, Music, Physical Education, and Expression, and from these come interesting and valuable material for short courses such as those described below. There is no institution in the state and no organization that can give the material which is available here and it is the sincere hope of the college that groups may feel free to call upon it for help.

The following are some of the club courses suggested:

Franco-German Relations	Making the Dress Form
Anglo-American Relations	Basketry (instruction in woven and sewed baskets)
Selection of Clothing	Stenciling
Meal Planning	Block Printing
Table Service	Art Appreciation
Care and repairs of clothing (daily and seasonal)	Bookmaking
Food for Children	Batik Work (instruction in dying cloth with the use of wax)
Care of the Baby	Clay Modeling and Casting
Corrective Diets	

Some of the things psychology contributes to the method of teaching children.

Mental adjustments—Psychological discussion of mental abnormalities.

A progressive program for improving the public schools of Alabama.

## LECTURE AND ENTERTAINMENT SERVICE

Many of the faculty members of Alabama College are experts along their particular lines of study. Although these professors are carrying a heavy teaching load, they are willing and anxious to be of further service to the people of Alabama by giving to them through lectures the benefit of their training. Many of them have had considerable experience as lecturers and have messages of real value to the people of the state.

As will be seen by the outline below, these lectures cover a wide field and are of such nature as to appeal to a wide variety of groups. Any community, club, or other organization that desires this service may secure it by writing to the Extension Division, Alabama College, the only obligation on the group calling for the service being the traveling expenses of the one who goes from the college. No compensation is expected or desired.

Such lectures will be of double value. They will not only be full of information and inspiration but at the same time will give the people of the state the opportunity to become acquainted with the members of the faculty of one of the state's higher institutions. It will enable people of the state to know better what type of men and women are serving them at Alabama College.

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It is hoped that various organizations will feel free to call upon the Extension Division of Alabama College for this service. It is an opportunity which we believe the people of the state will appreciate and it is the desire of the college to make this a real contribution to education in Alabama.

#### LECTURES BY DEAN O. C. CARMICHAEL

1. \**Travel sketches*, including British Isles, Continent of Europe, Egypt, Arabia, India, and British East Africa.
2. *Religions of India*.
3. *Impressions of the Orient*, contrasting Eastern and Western civilization.
4. *Function of a College for Women*.
5. *Demands of the Twentieth Century Woman*.
6. *The Outlook for Education in Alabama*.
7. *The Debt We Owe*. (A memorial day address.)

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\* Dean Carmichael is a native Alabamian, who lived four years in Europe, Asia, and Africa; served with Hoover's Relief Commission in Belgium, 1914-15; was captain in British Army in India and East Africa in 1915-16, and later served in the American Army in France.

#### LECTURES BY EXTENSION DIRECTOR H. W. JAMES, Ph.D. State University of Iowa

1. The training of special teachers in Alabama.
2. Do our schools teach the three R's as well as the schools of our parents?
3. Educational opportunity in different parts of Alabama.
4. The use of the motion picture as a teaching device in schools.
5. What next after a high school education. (Commencement address.)
6. The school as a social institution.
7. The teaching of reading in our schools.
8. The teaching of spelling in our schools.
9. The teaching of history in our schools.
10. The problems of school discipline.
11. Aids to teachers in marking pupils.
12. Mental adjustments. (Psychological discussion of mental traits.)

#### LECTURES OFFERED BY EXTENSION SERVICE THROUGH THE FACULTY OF ALABAMA COLLEGE

##### HOME ECONOMICS

- Good Food Habits.
- Fundamentals of An Adequate Diet.
- The Hot Lunch in the Rural School.
- Equipping and Managing a Lunch Room.

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Choosing a Meal in a Cafeteria.  
The Feeding of Children.  
Food Poisoning, How It May Be Avoided.  
Small Economies in the Home.  
Home Economics and High Standards of Living.  
Budgets and Household Accounts.  
Table Service, A Demonstration.  
The Baby Layette.  
The Modern Homemaker.  
Special Problems in Laundering.  
How to Remove Stains from Household Linens.  
Cleaning and Care of Woolen Garments.  
Conservation of Clothing.  
Historic Costume. (Illustrated; lantern necessary.)  
The Economical Wardrobe.  
Hints for Home Sewing and the Home Equipment.  
The Dress Form for the Home Dressmaker. (With demonstration of making the form.)  
The Physiology and Psychology of Clothing.  
How to Select and Buy Dress Fabrics.  
Why Women Should Make a Study of Textiles.  
Millinery in the Home.  
Demonstration and Discussion of Types of Hats for Individuals.  
Talk and Demonstration of Types of Hats for High School Girls.  
Children's Hats.  
The Remodeling of Last Year's Hats.

#### RURAL ARTS

Beautifying the Farm Home.  
The Canning and Preserving of Fruits and Vegetables.

#### FINE AND APPLIED ARTS

An All-around Homemaker.  
Comfortable Furniture and Restful Arrangement of Color. (Illustrated; lantern necessary.)  
Refurnishing the Home.  
The Selecting and Making of Curtains and Draperies.  
Appropriate Dress for the High School Girl.  
The Origin of Modern Styles.  
The Psychology of Dress.  
Design and Color in Linens and China for Every Day and for Special Occasions.

#### MANUAL ARTS

Interpretation of House Plans. (Illustrated; lantern necessary.)

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(Address all communications to the Extension Division, Alabama College)

Period Styles in Furniture. (Illustrated; lantern necessary.)  
Wood Finishing and Re-finishing. (A demonstration with lecture.)  
Hand-work in the Grades.  
Art Work in the Grades.  
Art in the High Schools.

#### VOCATIONS AND VOCATIONAL GUIDANCE

Business and Professional Opportunities Open to Young Women.  
The Business Woman's Dress.

#### SCHOOL OF MUSIC

Public School Music.  
Music in the Home.  
Place of Music in Modern Education.  
Music Appreciation.  
Folk Music.  
History of Music to the Sixteenth Century.

#### LIBRARY LECTURES

Organizing a High School Library.  
Teacher-librarians, simple systems of conducting school-room libraries.  
Traveling Library System for Rural Schools.  
Selecting books for a school library, classroom needs, standards, and the budget.  
Children's Books and Reading.  
The Reading of Older Boys and Girls.

#### PUBLIC HEALTH

Medical Inspection in the Schools.  
Physical Education Program in the Schools.  
Community or School Playground.

#### MODERN LANGUAGES

The History of the Parable of the Rings.  
Rosa Bernd.  
Die Einsamen.  
Die Bogen des Odysseus.  
Tieck's "Genoveva" as a Programme for Romanticism.  
Victor Hugo's "Hernani" as a Programme for Romanticism.  
The Ethics of Marriage in the "Elective Affinities."  
English Influence on the Young Goethe.  
Goethe's "Clavigo" and Schiller's Criticism of it.

#### ENGLISH

Miracle and Mystery Plays.  
The Supernatural and Abnormal in Shakespeare's Plays.  
Bernard Shaw as a Dramatist.  
The Irish Drama.  
Tendencies in Modern Drama.

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Realism in Modern Novels.

The Element of Greatness in Novels.

In addition to the above lectures we are able to supply the following musical artists for a limited number of engagements. Remember that to hear talent of equal ability you would have to go to Grand Opera.

Artist members of the School of Music Faculty available for individual or joint recital:

PIANISTS

Elizabeth B. Chamberlain    Clara De. Vane    Clara Browning Evans  
Frank Earl Marsh, Jr.    Elizabeth Young

VOCALISTS

Ethel Harrington, Lyric and Coloratura Soprano  
Melissa Snyder, Soprano

VIOLINISTE

Mildred Vause

LECTURERS

Mae Andrus    Frank Earl Marsh, Jr.

• • EXTENSION SERVICE TO THE HIGH SCHOOLS

In February, 1923, Alabama College invited the high schools of the state to send representatives to a Girls' State High School Basketball Tournament.

The response was beyond the expectation of the most optimistic. Twenty-seven teams came and took part in this contest. At that time a permanent organization was effected, which is known as the Alabama High School Girls' Basketball Association.

Approximately ninety teams have enrolled for the year 1924, and again the winning teams in twenty sections of the State will meet at Montevallo to compete for the state championship.

In addition to the basketball tournament to be held February 21st to the 23rd, there will be contests in expression, art, and home economics. A splendid response is being made throughout the state in all of these contests. It is believed that such excellent success is assured for each of them as to warrant their continuance.

In May—1st to 3rd—it is planned to hold a music festival at the college, to which are invited the high school glee clubs of the state.

The purpose of such contests is evident. The college believes that it is its function, not only to give instruction in these special subjects on its campus, but also to create and develop these interests in the high schools of the state. By this means, it is hoped that the college may render a fuller and better service to the state as a whole than by simply giving instruction to those who knock at its doors.

The splendid co-operation of the high schools is greatly appreciated by the college and is evidence of the fact that such contests can be of great value to the young women of the state.

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(Address all communications to the Extension Division, Alabama College)